

## **FLUOROSCOPY GUIDELINES**

EVALUATE FOR IODINE ALLERGY – SMALL AMOUNT OF IODINE GIVEN IN THESE EXAMS.

MOST EXAMS REQUIRE PATIENT TO BE NPO AFTER MIDNIGHT PRIOR TO EXAM. INFANTS – NO FORMULA 4 HOURS PRIOR TO EXAM.

EXAMS INVOLVING INTESTINAL TRACT REQUIRE CLEAR LIQUID DIET DAY BEFORE EXAM AND BOWEL PREP KIT OR LAXATIVE EVENING BEFORE – THEN NPO AFTER MIDNIGHT PRIOR TO EXAM. CONTACT OFFICE FOR SPECIFIC PREP BASED ON EXAM BEING ORDERED.

**COLONIC TRANSIT STUDY:** PATIENT INGESTS SITZMARKS CAPSULE(S) ON SPECIFIC DAYS AND THEN COMES BACK IN FOR KUB XRAY ON SPECIFIED DAY (5-6 DAYS LATER). (PT COMES TO OPR TO OBTAIN CAPSULE FROM SCHEDULER). DAYS MUST BE CAREFULLY CALCULATED SO THAT PT CAN COME BACK ON A DAY THAT OPR IS OPEN. XRAY NEEDS TO BE DONE AT SAME TIME OF DAY THAT CAPSULE WAS TAKEN ON PREVIOUS DAY. INSTRUCT PATIENT NOT TO USE LAXATIVES OF ANY KIND.

**BARIUM ENEMA:** SEE NEXT PAGE