

DEXA SCAN

AVOID WEARING UNDERWIRE BRAS AND CLOTHING WITH METAL IN HIP AND LOWER ABDOMINAL AND SPINE AREA

BRING A LIST OF CURRENT MEDICATIONS AND VITAMINS

DISCONTINUE ALL CALCIUM SUPPLEMENTS FOR 12 HOURS PRIOR TO APPT. THIS INCLUDES A MULTI VITAMIN IF IT HAS CALCIUM IN IT. DO NOT DISCONTINUE FOSAMAX.

****IF PATIENT TAKES CALCIUM THE EXAM WILL BE RESCHEDULED!!!****

THE STANDARD SCAN IS THE LUMBAR SPINE AND BOTH HIPS. A FOREARM SCAN WILL BE SUBSTITUTED FOR SPINE AND HIP IF THE PATIENT HAS HARDWARE IN THESE AREAS. WHOLE BODY SCANS CANNOT BE DONE.

PREGNANT PATIENTS MAY NOT BE SCANNED.

TABLE WEIGHT LIMIT IS 300#. A FOREARM SCAN WILL BE SUBSTITUTED IN PATIENTS WEIGHING MORE THAN 300#.

PATIENTS UNDER AGE 20 CANNOT BE SCANNED UNLESS THERE IS A SPECIAL CIRCUMSTANCE W/APPROVAL FROM A RADIOLOGIST.

PATIENTS WHO HAVE HAD EXAMS USING BARIUM OR OTHER RADIO OPAQUE CONTRAST CANNOT BE SCANNED WITHIN TWO WEEKS OF THAT EXAM. PATIENTS WHO HAVE HAD CT AND/OR NUCLEAR MEDICINE EXAMS CANNOT BE SCANNED FOR 72 HOURS AFTER THIS TYPE OF EXAM.

EXAMS ARE SCHEDULED FOR ONE HOUR.

ASK IF BASELINE---REASON FOR EXAM—PREVIOUS EXAM-- WHERE IT WAS DONE.

FOR CONTINUITY OF CARE, PATIENTS WHO HAD SCANS AT WYOMING OSTEOPOROSIS CENTER SHOULD BE REFERRED BACK TO THEM FOR FOLLOW-UP AS EACH MACHINE IS DIFFERENT. IF PATIENT CHOOSES TO HAVE DEXA HERE WE CAN DO IT.